



Pastor PJ Berner • April 19, 2026

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## Choose Humility: An Essential Trait of the Christian Life

## Scripture Memory

*“Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you.”*

– 1 Peter 5:6-7

## Application Questions

*Community Groups meet throughout the week and play a crucial role in our response to the preaching of the word. These groups gather to discuss the following questions as we seek to apply the sermon in community with one another. Please visit [compassntx.org](http://compassntx.org) to join a small group near you.*

1. Read **1 Peter 5:5** and **Philippians 2:3-4**. In your own words, how would you define humility in light of these verses, and where do you most clearly see pride still showing up in your everyday life (in how you think about yourself, relate to others, or respond to correction)?
2. Read **1 Peter 5:6**, **Philippians 2:5–8**, and **Mark 10:43–45**. Pride always “promises” us something (recognition, control, comfort, being right). In one area of your life, what is pride promising you right now, and what Christlike attitude or action are you actually sacrificing when you listen to that pride? How does that choice damage your fellowship with God?
3. Read **1 Peter 5:7** and **Philippians 4:6**. Pick one anxiety you are currently carrying. How might that anxiety reveal a struggle with pride or control, and what would it look like, practically, to “cast” that specific care on the Lord as an act of humility this week?
4. How can using the A.C.T.S. model of prayer (adoration, confession, thanksgiving, supplication) help you cultivate the humility we’ve been talking about as you more intentionally frame your prayers?

## Recommended Reading

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- *Humility: The joy of self-forgetfulness* - Gavin Ortland
- *Humility: The forgotten virtue* - Wayne Mack
- *Knowing God* - J.I. Packer
- *The Holiness of God* - R.C. Sproul