



Pastor Rod Gomez • January 4, 2026

Psalm 90 | Time: How to Steward Your Most Precious Resource

1. Know _____ (vv.1-2)

2. Live _____ (vv.3-12)

3. Dependently _____ (vv.13-17)

Scripture Memory

And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

–Hebrews 10:24-25

Application Questions

Community Groups meet throughout the week and play a crucial role in our response to the preaching of the word. These groups gather to discuss the following questions as we seek to apply the sermon in community with one another. Please visit compassntx.org to join a small group near you.

1. Read **Isaiah 40:6-8**. What are some God-given limitations that you are tempted to dislike? How can these limitations be used as promptings for you to glorify God with them?
2. Read **Psalms 90:12** and **39:4**. How often do you consider the inevitability of your death? How can this unusual spiritual discipline stoke your growth in godliness?
3. Read **James 4:14-16**. What problems can occur in a Christian's life if they lose touch with their profound dependency upon Christ? Do you notice any signs in your life that signal a loss of awareness of your dependency?
4. Read **Galatians 2:20**. How does faith in Christ enable you to invest your time wisely without knowing for certain that it's the best decision you can make?
5. Read **Psalms 127:1-2**, **John 9:4**, and **Ephesians 5:15-17**. How does a biblical view of time inform your thinking about the rhythm of rest and work? What kind of contextual details should be considered when applying the command to make "the best use of the time?"

Recommended Reading

- *Productivity* – Douglas Wilson
- *Don't Waste Your Life* – John Piper
- *God, Technology, and the Christian Life* – Tony Reinke
- *Jonathan Edwards: A Life* – George Marsden
- *Spurgeon: A Biography* – Arnold Dallimore
- *Zeal without Burnout* – Christopher Ash
- *Crazy Busy* – Kevin DeYoung