



Pastor PJ Berner • August 31, 2025



1 Peter 1:13 | Thinking Like Exiles: Engaging our Minds in the Battle for Hope

1. Find _____ (13c)

2. Enlist _____ (13a)

3. Defend _____ (13b)

Discussion Questions

Community Groups meet throughout the week and play a crucial role in our response to the preaching of the word. These groups gather to discuss the following questions as we seek to apply the sermon in community with one another. Please visit compassntx.org to join a small group near you.

1. Read **1 Peter 1:13**. This verse begins with “Therefore.” What is the significance of this word in light of what Peter calls for in this verse? How would 1 Peter 1:13 hit different if it were the opening verse of the letter instead?

2. Read **1 Peter 1:13** and **Hebrews 10:23**. What are some earthly things you are hoping in, and how might they foreshadow your eternal hope of being with Jesus?

3. Read **1 Peter 1:13** and **2 Peter 1:3**. Fighting for hope in this world involves giving attention to both our physical and spiritual well-being. How might over-emphasizing one of these to the exclusion of the other be detrimental? What dangers exist when we seek naturalistic answers to problems that may have spiritual causes?

4. Read **1 Peter 1:13** and **1 Thess 5:4-11**. What damage can be done when we don’t defend our minds and fight for our eternal hope, but give ourselves over to the escape of worldly intoxications instead?

Recommended Reading

- *Future Grace* – John Piper
- *The Christian Counselor's Medical Desk Reference* - Robert Smith, John Street, John Babler
- *A Theology of Biblical Counseling* - Heath Lambert
- *Your Mind Matters* - John Stott